

## CHI 198S

Summer Abroad Global Health Internships  
August 3 to August 31, 2019

Instructor: Yvette G. Flores, Ph.D., Department of Chicana and Chicano Studies

### Course Information:

CHI 198S: Global Health Reflections (2 Units)

As a student in CHI 198, you will spend time each week reflecting on your work as an intern in your host community and sharing your experiences. Through this internship, you will learn and apply real-world health care skills and an understanding of health disparities on diverse communities of Hawaii and California. You will increase your cultural humility and gain an understanding of the importance of culture, language, social and psychological resources in the management of health and illness. Throughout the process, you will complete several required assignments to fulfil the course requirement. The vast majority of the work and value of this course, however, will come in the form of the intercultural and interpersonal experiences you have throughout your time in these communities.

NOTE: You will take CHI198S in conjunction with Education Abroad (EAP) 192 Internship. EAP 192 is a 4-unit course for which you will intern approximately 20-30 hours per week at your host health care facility/NGO and will be able to apply for transcript notation through the UC Davis Internship and Career Center.

### Course Goals

The main goals of the internship course (EAP 192) are to gain first-hand experience in the health care field in culturally/ethnically/racially diverse domestic communities, and to acquire intercultural skills that will allow you to navigate an increasingly interconnected world. To complement these goals, the main goals of this 2-unit course (CHI 198) are:

- To encourage you to reflect on your internship experiences through remote instruction while on location
- To share your work experiences with other global health care students

Throughout your time in these communities, you will work with your instructor via various online mediums to achieve these goals and to make your internship experiences as valuable as possible.

### Course Credit & Grading

CHI 198S is a Pass/No Pass course. To pass this course, you must complete all of the bi-weekly writing assignments and post them on time to the Discussion feature on Canvas by the due date (please see the section below on entering Discussion posts). For the first three assigned posts, each student is expected to post at least two comments on any of the posted blogs; these posts are due one week after the assigned Discussion due date (for example, Blog 1 is due on August 7; the two posts on that Blog will be due August 14th)- No need to post comments on the last Blog (Blog 4).

You must also engage your fellow interns around the world via the course's Facebook page (see below) through relatively frequent status updates and photo posts. The course progression below indicates the due dates and further details for these assignments. The assignments will be uploaded to the Assignments section on Canvas. Each of the four assignments should be a maximum of 300 words (about one-page).

**It is your responsibility to find the most practical option to upload the assignments and posts by the noted deadlines.**

*Add a photo of yourself that will show up with your Discussion posts.*

### **Required Course Readings**

In Hawaii, the focus is on holistic healing. You will learn about health disparities and traditional medicine approaches to problems facing Hawaiian communities, including homelessness, substance abuse, and non-communicable diseases such as hypertension and diabetes. Specific readings will be uploaded on canvas for each course. In addition, all students engaged in internships abroad and in the U.S. will be required to read the articles listed below, also uploaded on canvas.

The readings for this course are all available online and are listed in the Course Syllabus below under the Reading Assignments section. These readings come from a variety of sources and focus on topics ranging from intercultural communication to tips for succeeding in an engineering internship. You are encouraged to at least skim the readings before you depart to your host communities, then give each a thorough read during the week they are listed in the syllabus. These readings will provide practical insight that may prove useful in your internship.

### **Syllabus**

The course syllabus lists all reading and writing assignments for this course. Note that all assignments are due each week by Sunday at 10:00 pm your local time. The responses are due the following Sunday at 10:00 PM. For example, the Week One discussion posts are due on August 11. Your responses to two of those posts are due August 18. You are encouraged, of course, to do your work in advance of the deadline,

but do your best to have your work submitted online no later than the 10:00 pm deadline.

### **Week One (8/3-8/11)**

Reading:

- Top Tips for Internship Success
- “Developing Ethical Awareness,” Mary White & Jessica Evert
- “The Human Element: Melinda Gates and Paul Farmer on Designing Global Health”
  - “Cultural Humility” Melanie Tervalon and Jane Murray Garcia

Discussion Post (due Sunday, Aug. 11, 10:00 PM): I'm sure you are still learning your way around in your new programs, but I hope these essays will help you start thinking in an organized way about the experiences you're having. Read the essay by White and Evert and the interview with Gates and Farmer. You don't have the experience yet to answer the question about the best ways "to improve health all over the world," but your experiences will help you think about it.

In a discussion post, describe an experience you've had in your program that gave you the opportunity to see something in a new way. What about the experience affected you? In what ways do you envision this internship will help you develop cultural humility?

Two discussion post responses due Sunday, Aug. 18, 10:00 PM.

Facebook Post: Three Facebook posts by 10:00 p.m. on Sunday, August 11: 1. Arrival notice (Example: “I made it to ..., and the first thing I did was...”)

2. Initial impressions and/or culture shocks

3. One photo of you in your host country

### **Week Two (8/11-8/18)**

Reading:

- “Developing Ethical Awareness,” Mary White & Jessica Evert
- “The Human Element: Melinda Gates and Paul Farmer on Designing Global Health”

(I know I assigned these essays last week, too)

Discussion Post (due Sunday, Aug. 11, 10:00 PM): Melinda Gates said (in "The Human Element"): "Human-centered design. Meeting people where they are and really taking their needs and feedback into account. When you let people participate in the design process, you find that they often have ingenious ideas about what would really help them."

Your question: What does the phrase "human-centered design" mean to you (you can agree or disagree with Gates' idea)? In your internship have you seen any examples of "human-centered design" in action? They can be positive or negative examples. You can also use Rose (from the White and Evert article) as an example.

Two discussion post responses due Sunday, Aug. 18, 10:00 PM.

### **Week Three (8/18-8/25)**

Reading:

- "Why Public Health Matters," Marion Nestle
- "Fatsmack: What it Takes to Make Health Campaigns," Jason Hayes • "Seven Global Health Issues to Watch in 2017"

Discussion Post (due Sunday, Aug. 18, 10:00 PM): The three essays for this week have to do with public health. "Fatsmacked" talks about an ad campaign aimed at teenagers to convince them to cut down on sugary drinks. Have you seen any educational public health campaigns in your internships, either in the clinic or hospital or the country at large? Describe one and talk about it. Ask someone at your clinic how well it seems to be working. How convincing does it look to you? (If you haven't seen such a campaign, you can talk about one that you've seen in Hawaii?..).

Two discussion post responses due Saturday, Aug. 31, 10:00 PM.

Post (due Sunday, Aug. 25, 10:00 PM): You're almost done with your internship, How's it going? What do you like best? Least?

### **Week Four (8/25-8/31)**

Reading:

- "The Simplest Health Solutions: It's Complicated," Abigail Zuger
- "Wiping Out Polio: How the U. S. Snuffed Out a Killer"
- "Syria's Polio Outbreak is a Global Public Health Emergency"

Discussion Post (due Saturday, August 31, 10:00 PM): According to Abigail Zuger, M.D., medically speaking, we in the U.S. "specialize in giant, cumbersome, ruinously expensive fixes." In your internships most of you are seeing medicine practiced very differently. Pick a specific example or two of differences you have seen at your internship and talk about what you have learned from the differences. Will these differences change the way you perceive yourself as a future health care provider or patient?

Any questions or concerns: go to Inbox in Canvas and use Conversations to email me. You can email me or the whole class or individuals. This way I can respond to your questions in such a way that the whole class benefits (if you have the question, so do others).